


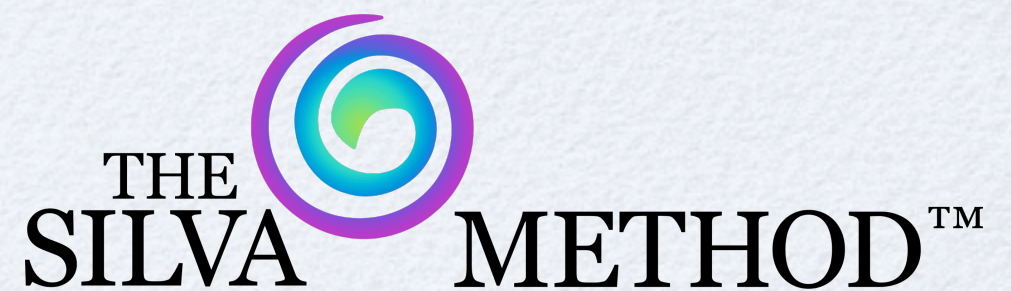
# YOUR SUCCESS STORIES



THE  
SILVA  METHOD™

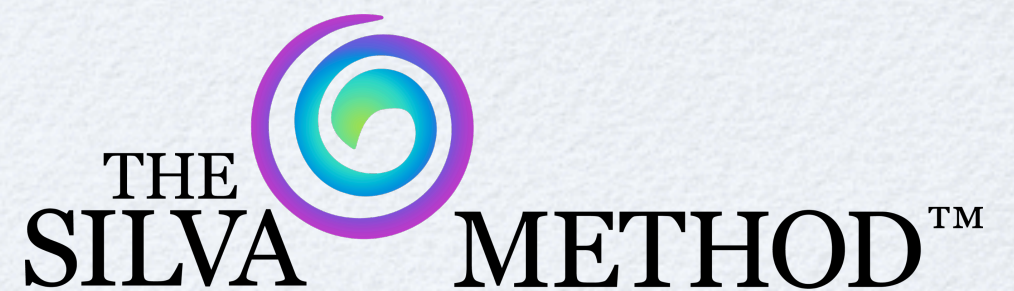


All your beautiful stories and appreciation we receive everyday on our blog and in our email are the most important forms of feedback for us to make your life better and better.





We want to share with you some of the recent comments and emails we have received.



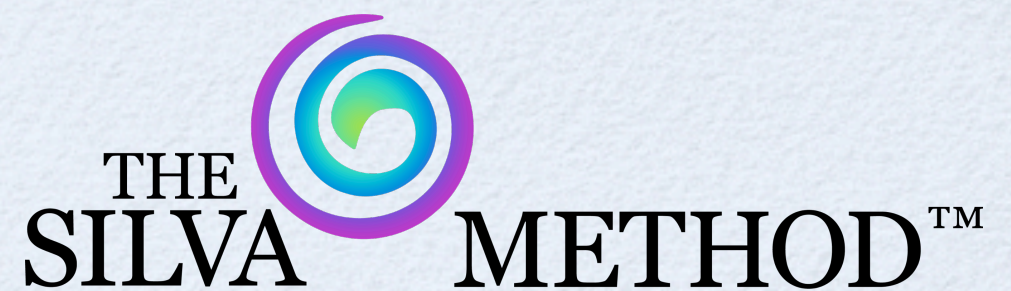


# WINNING

Dear Laura,

Guess what. Two young Hungarian Silva graduates -- siblings -- were programming to win the lottery. In the Hungarian lottery system you have to pick 5 numbers from 90, and then 5 numbers are drawn (between 1 and 90). The probability to find all the 5 numbers 1:43,949,268. In other words: you have to play with your 5 numbers for 842,286 years to win for sure. (There is a drawing once a week.) **THEY WON THE LOTTERY AFTER 18 MONTHS PERSISTENT PROGRAMMING!**

Warm regards,  
Laszlo





# BETTER AND POSITIVE LIFE

THANK YOU Laura for the Silva Life System Home Study Course!

I started using the Silva techniques 1 1/2 months ago and have experienced super results. The Bonus Alpha Session was the very first activity that I listened to with Silva. Wow! This simple and powerful meditation has changed my life.

For a long time I had been seeking a way to activate and more fully access the right hemisphere of my brain. This was very important because my dominant hemisphere is the right. This had been previously determined by EEG and educational methods. In the past I have used several alternative mind-body healing/educational methods to improve right brain access with mild results.

What a wonderful surprise I experienced when I used the Alpha Session for the very first time. I felt a very strong physical sensation in the right side of my head. My right brain had been quickly and powerfully turned back on. Super! My brain felt vibrant and energized. I now have quicker and easier access to a vital part of myself. This simple meditation has accelerated my life beyond words! I feel much happier and smile. And best of all the right hemisphere of my brain has continued to stay turned on!

The Silva Method's Alpha Session was only the beginning to new directions and a more positive, effective, productive life! The complete Silva Life System has so much to offer!

Thanks Laura!

Bonnie



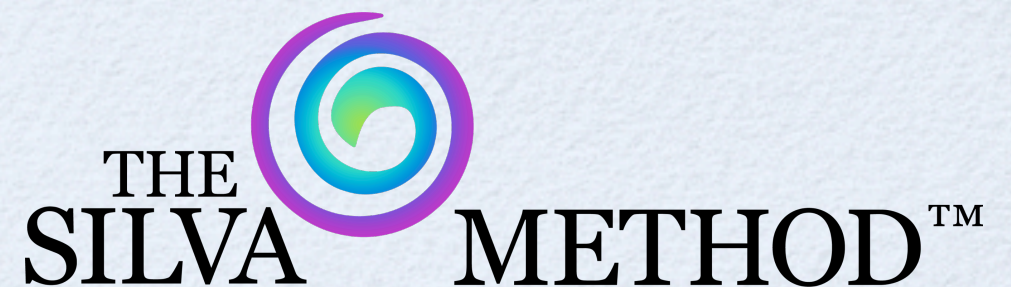


# MY LIFE UNDER CONTROL

Years ago I took a Silva course when I was going through personal trauma trying to care for my mother who was dying and bitter and my father and brother who were both emotionally abusive. I would take many showers so no one would see me cry. In the early part of the course I ran from the room crying - or better said I “fled” but by the end of the day I had had the most incredible experiences and I felt totally in control. I learned to “X” out the negatives and stay strong emotionally so I was able to remain loving towards my mother and be there for her, even in her moment of passing. I went further with my learning and developed a strong ability to manifest and now, years later I want to rekindle that connection and understanding which I unfortunately let slip. Of all the courses, I found the Silva Program to be the easiest to learn and the most powerful and effective method. I find it hard to articulate the “knowingness” that I experienced but it was the most fulfilling and incredible period for me.

Thanks to Silva.

Karen Seegert





# HEALING

My sister had fallen in 1979 & then her brain chips were damaged. Worlds re-nound dr. for nuro said no medication will work for her. & she is 99% ok now by just healing.

Shakuntala

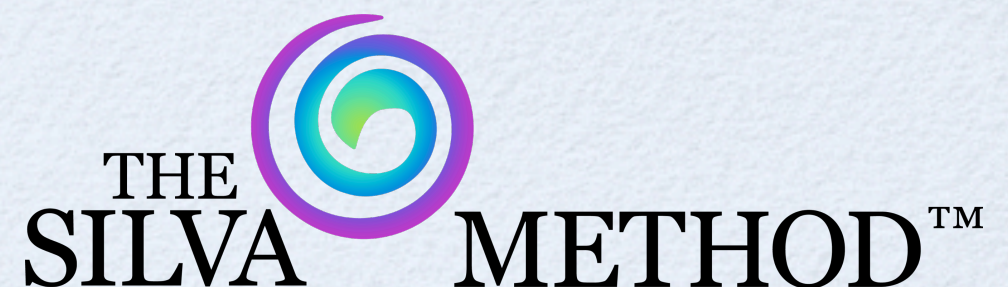


# OVERCOME SUFFERING

I had been suffering from Panic Attacks for almost four years due to a horrible condition of the skin on my face. People would and (still) constantly stare, so much so, that I was afraid to leave the house. I went to a Silva Ultramind Seminar in London which taught me all the tools and techniques to help me overcome my anxiety. It has taken a lot of self discipline and commitment with the programme and as a result I am now finally doing what I have been trying to do for years. I am training to be a Teacher.

I can travel anywhere on the bus or tube and not feel scared or anxious. Even when i know people are staring, it just doesn't bother me anymore, that's how stronger the Silva Ultramind system has made me. Infact, a couple of weeks ago I went to the alpha level and imagined my head teacher telling me that I was outstanding in a Phonics lesson in which she was going to observe me. This Monday she observed me and only today she actually said I was 'outstanding'. Thank you so much, I owe you too much as you have helped me turn my life around. The next step for me is the Silva Peaks.

Fozia Noreen Iqbal





# POSITIVE ATTITUDE

Learning from the Silva training has transformed my whole outlook and has become an integral part of my daily life. I had become negative from bad experiences, but the training has turned my whole life around and has given me more confidence and a positive outlook. However, I feel as though I have only scratched the surface with what I have learnt so far and that I still have a long way to go, but I have an unquenchable thirst to learn more.

Thanks Laura, for all the help and encouragement that is given.

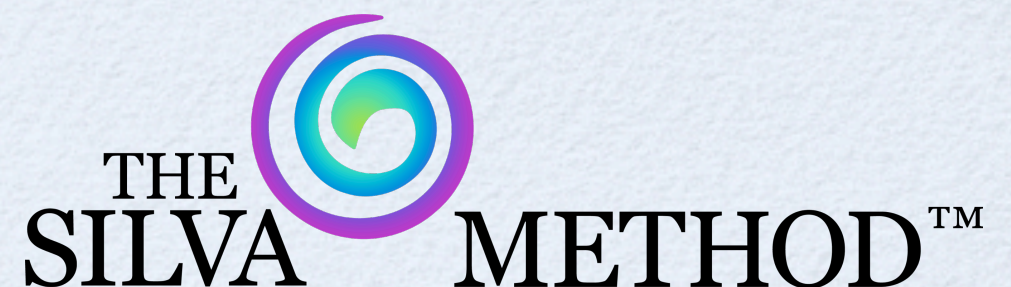
David Williams



# WEIGHT LOSS

To my amazement, since I started the program, I have lost 9lbs.! My doctor was so impressed, she asked me how I did it. I told her - no diet; meditation! My relationship with food has totally changed - I don't think about food except once or twice a day and then only to sustain myself, not entertain myself. I have relaxed easily, whether meditating in a sitting position or preparing for sleep. This is my second time to study the method. I was sent to Silva in 1974 by medical doctor to learn to relax to control blood pressure. It worked! I also became a more successful sales person. I have always meditated but decided to do a refresher to work on new goals.

Karen Miller

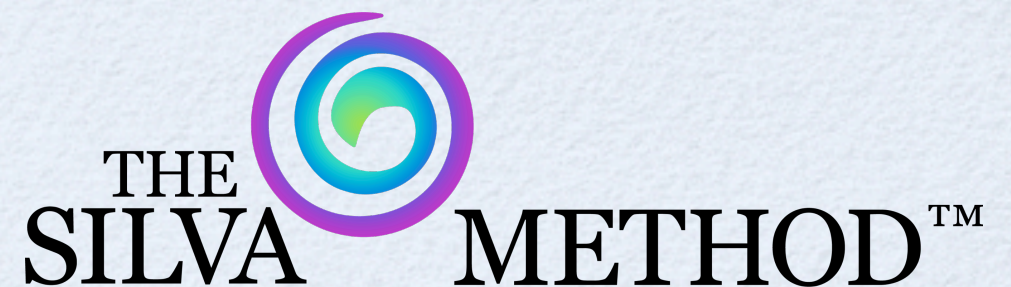




# HEALTHY LIFE

I've been a Silva graduate since 1975 and it is really the best thing that ever happened to me. In many situations of crisis, the Silva techniques have helped me save lives and avoid needless suffering. But "Silva" is more than techniques, it is a way of thinking that brings you closer to happiness. And whatever happens, you know that "something" can always be done to help improve a situation. I am a high school resource-teacher for teachers and students and every day, what I've learned from Silva comes in handy! I have 5 diplomas hanging on my office wall and the Silva Mind Control one is above all the others because it's the one that counted more in my life!

Albert

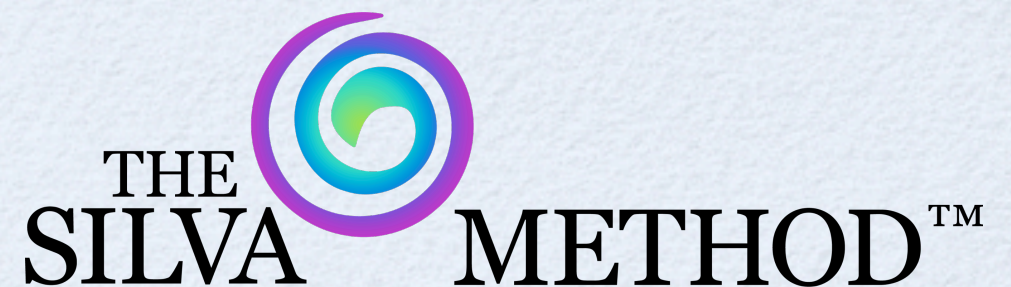




# CAREER AND HAPPY LIFE

I struggled for years as a single Mom. I'd been in some tough situations and managed to get through it, but just barely. By the time my kids were adults, I was exhausted, completely worn out, and needed to do something to boost my energy levels. I'd heard about the Silva Method for years but never had enough money to purchase it. I finally had a little extra and now here I am today. I own my own business, I have an active social life. I travel and wake up full of energy every day. I meditate daily and use the techniques regularly when I need to manifest something in my life. I feel like I can do anything.

C. G.





# HEALING

Hi Jill & Laura:

I'd just like to thank you for all the Silva material that I've either bought from you or the free stuff you send me on-line.

I'm currently battling cancer & the Silva Method has been my crutch. It certainly has given me the right mind set & hope that I needed.

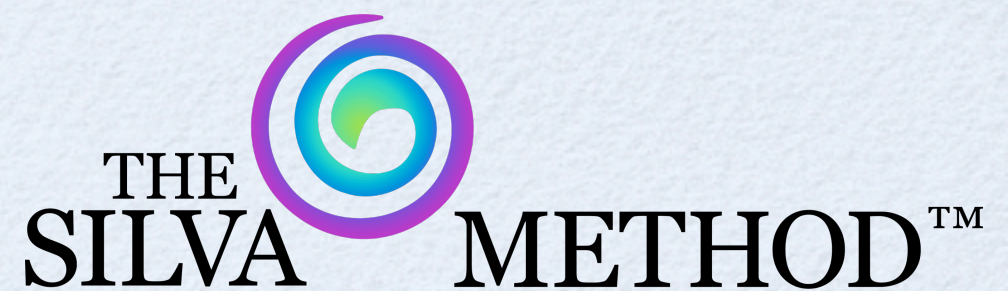
Repetition is the key, just keep listening to the CD.s over & over until it sinks in & becomes part of your life.

The battle's not over yet but if you believe....

Thank you & thank God because we all need a ray of hope & that's what you've given me.

God Bless,

Bruce





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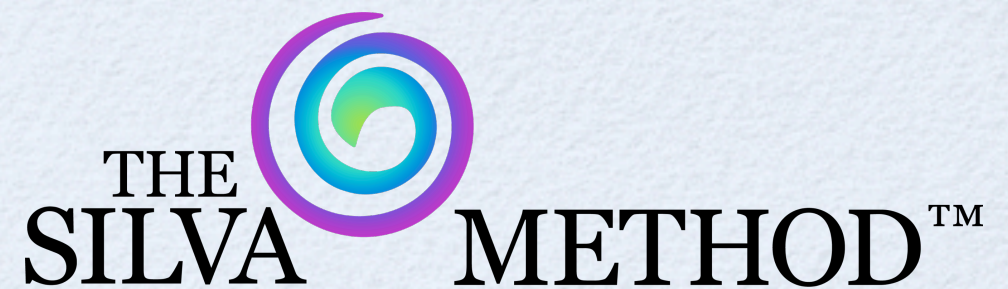
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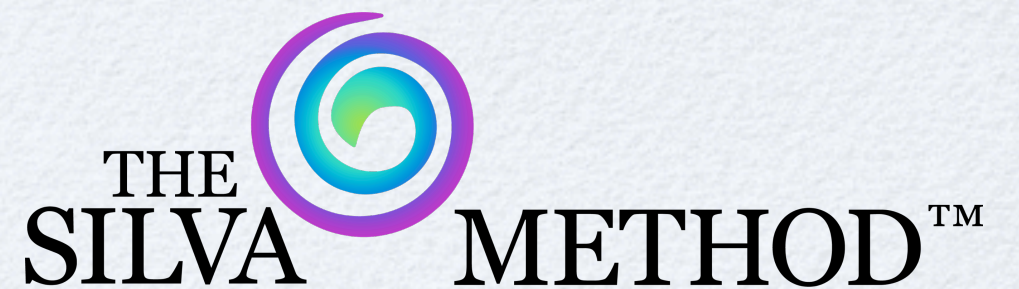
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We are Grateful for you!





THANK YOU for all your beautiful stories.



*Laura Elena Quispe*